



Choose Your Division

4TH-5TH GRADE

6TH-8TH GRADE

9TH-12TH GRADE



May
REFLECTION &
FUTURE PLANNING

4TH-5TH GRADE

THEME OVERVIEW:

Younger students benefit from creative reflection. Looking back on what they've learned and accomplished helps them feel proud of their growth and excited about the future.

Color in the shield and draw around it!



FAMILY CHALLENGE:

Share your scrapbook page with your family and tell them about your favorite memory.

REFLECTION PROMPT:

Which was your favorite Beta memory?

What's one thing you want to try next year?





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6TH-8TH GRADE

THEME OVERVIEW:

Middle schoolers are becoming more self-aware and can identify areas where they've grown and where they want to improve. A structured survey helps them set specific, actionable goals.



Worksheet

6th-8th Grade

SELF-ASSESSMENT SURVEY

LOOKING BACK, PLANNING AHEAD

SKILLS RATING (CIRCLE YOUR RATING OF 1-5 FOR EACH):

Leadership Skills	1	2	3	4	5
Service Involvement	1	2	3	4	5
Academic Achievement	1	2	3	4	5
Character Growth	1	2	3	4	5
Time Management	1	2	3	4	5

BIGGEST ACCOMPLISHMENT THIS YEAR:

ONE CHALLENGE I OVERCAME:

AREAS I WANT TO IMPROVE:

MY 3 GOALS FOR NEXT YEAR:

1.

2.

3.

PROGRESS: There is a progress bar around the 1-5 on your skills rating. Fill in the bar as you grow in that skill.





FAMILY CHALLENGE:

Share your goals with a parent or sibling and brainstorm ways they can help you stay on track.

REFLECTION PROMPT:

Which skill do you most want to improve?

How will you measure your progress?





May
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9TH-12TH GRADE

THEME OVERVIEW:

Older students benefit from formally documenting their experiences. A leadership portfolio can be used for college applications, scholarships, and resumes, while also helping them reflect on personal growth.



Worksheet

9th-12th Grade

LEADERSHIP PORTFOLIO STARTER

DOCUMENT YOUR BETA JOURNEY

LEADERSHIP ROLES:

Role	Year	Responsibilities	Achievements

SERVICE PROJECTS:

Project Name	Date	Your Role	Impact Description

AWARDS & RECOGNITION:

Award Name	Date	Reason Received

FUTURE GOALS

Short Term (next 6-12 months)	
Long Term (2-5 years)	

I COMMIT TO CONTINUING MY LEADERSHIP AND SERVICE BEYOND BETA.

SIGNATURE: _____





FAMILY CHALLENGE:

Share your leadership portfolio with a family member and discuss how you can expand it over the next year.

REFLECTION PROMPT:

How has Beta prepared you for the future?

What's one goal you'll carry with you after high school?

